

Clinton events

VOLUME 24 • QUARTER 4 • 2022



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MEDICARE COACHING

Turning 65?

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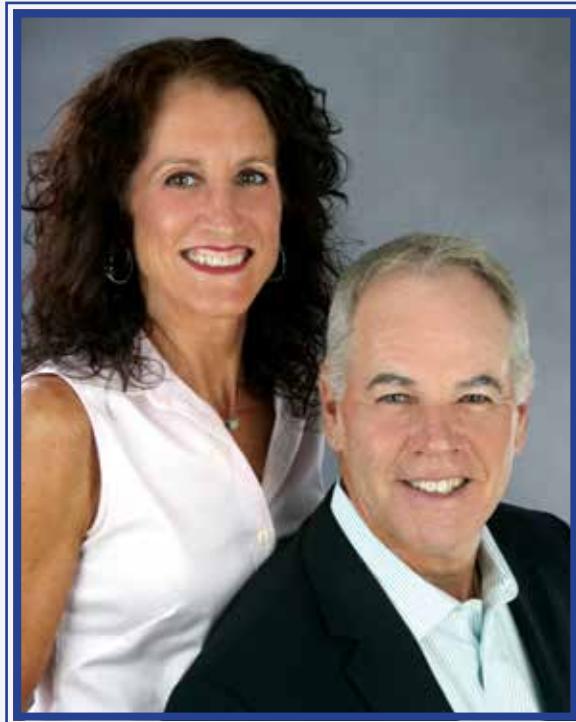
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Town Manager's Corner

Stepping Forward

Fall and cooler temperatures bring a number of changes to the shoreline. So too, with the Town. There are a number of positive events to report for Clinton going into the fall season.

Senior Connections: More and more seniors have found fun, engagement and new opportunities with the "Senior Connections" offered by the Town's Senior Coordinator. Interested seniors can learn more by emailing cacampora@clintonct.org. Non-seniors can also participate in the new community service by volunteering your time or talents to run a program.

Seniors can subscribe through the Town's website to a newsletter that will provide information on events and activities. More information can be found at: <https://clintonct.org/723/Senior-Program>. Activities continue to grow, so this is a good website to stay current with.

Town Planner: Clinton's growth and development now be guided by a Town Planner that will be an employee instead of a one-day per week consultant. The demands of the community require an increased level of service and longer-term vision for future development. For that reason, the Town Planner was added to the budget for this fiscal year. We have hired Abby Piersall to serve as the new Town Planner. Abby comes to us after serving the Town of Waterford for several years. Abby's appointment is a big step forward for Clinton which will broaden the capacity of the Land

Use Department and increase the level of customer services we can provide.

ARPA: The Town received its second – and final – installment of the Town's award of American Recovery Plan Act (ARPA) funding from the U.S. Treasury. The final payment to the Town of approximately \$1.9



Karl Kilduff, Town Manager

million will be allocated to meet a variety of needs across Clinton following a public process. The first installment has already resulted in payments to support vital non-profit agencies that serve many in Clinton but were put under extraordinary pressure as a result of the COVID-19 pandemic. It has also provided financial support to small businesses. A new list of potential projects will be reviewed by the Town Council and ultimately approved at a Town Meeting. The new list will likely include capital projects for the Town to address long-term needs and additional support for non-profit entities. The Council's discussion will start in the fall and carry into the early winter.

Charter Revision: Even though the Town's Charter and change in the form of government is still new, the voter-approved Charter did include a requirement to review the document to iron out any conflicts or problems that occurred. The Town Council appointed

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Town Manager... *continued from page 3*

a Charter Revision Commission to work on new language that will fix any "bugs" that have occurred since the Charter was adopted. The revision will find its way to the Town Council and then on to the voters for November 2023.

Former Landfill: The Town is still working on a beneficial re-use of the former landfill. The cost to cap the site has been estimated at over \$6 million. A new approach is currently viable for the Town which would accept outside soils to the site to cap the landfill. The value of accepting fill significantly cuts to cost to the Town. As a result, the Town can cap the landfill for \$0. The Town is now in the permitting process with the State Department of Energy and Environmental Protection. Once capped, new uses can be explored. There has been strong market interest in a solar farm at the site which could provide the Town with years of rental income.

There will be more to come! Please continue doing your part to keep Clinton safe.
Karl Kilduff, Town Manager

34th ANNUAL CHRISTMAS FAIR

St. Mary's Church of the Visitation

November 19, 2022 • 9:00 am - 2:00 pm

54 Grove Street, Clinton CT 06413

Over 20 Vendors, Bake Sale, Gift Baskets

Eat in or Take out Meal

Mr. & Mrs. Santa Claus 12:00 to 2:00 pm

Children's shopping room

Raffle: \$250/\$500/\$1000 Winnings

Handicap Access.

Henry Carter Hull Library

What's new at HCH Library? Visit www.hchlibrary.org or call (860)669-2342 for the most up-to-date hours, guidelines, and information about upcoming events and programs, in addition to details about our services. Subscribe to our email newsletter and follow us on Facebook and Instagram for updates. Need a library card? Have a question? We're here to help! Please call or email askus@hchlibrary.org for assistance.



Meet Lyndsey! Stop by the Teen Room and say hello to our new Teen Programming Coordinator, and follow @henry_carter_hull_teen on Instagram for updates on all things teen.

Passes added to Museum & Park Pass Program. This program allows cardholders to borrow a pass for free or discounted

access to a selection of museums, zoos and other cultural attractions in the area. Newly added passes include the Mashantucket Pequot Museum & Research Center, The Basketball Hall of Fame, and the Wadsworth Atheneum Museum of Art. For a full list of museums and additional information call or visit: hchlibrary.org/museum-passe.

Art in the Library. Visit during regular hours to view our monthly exhibits on the 1st & 2nd floors featuring local artists. In November, view Trees of the Northeast, a collection of paintings and photographs by various artists, coordinated by the Clinton Tree Committee. During December, enjoy a joint exhibit of watercolor and oil paintings by artists Sarah Baskin and Kim Scoble.

More Resources

Explore our "Library of Things." Browse musical instruments, activity backpacks for adults and children, streaming media

devices, eReaders, and more. Contact us or visit for more information or to place a hold.

Need WiFi? Public WiFi may be accessed from our library garden or parking lot every day. WiFi Internet HotSpots are also available for check-out with your library card. Contact us to find out how!

Job, Career, & Employment Assistance:

Looking for employment, business development, training, or résumé help? Visit hchlibrary.org/job-and-career to access our Virtual Job Board, business database, JobNow SkillSurfer course catalog, Cypress Resumé skill-builder, and more.

Online Resources: Valuable digital resources and streaming materials are available online. Visit hchlibrary.org/hchonline and use your Clinton library card to create an account to access tutorials, databases, movies, music, eBooks, audiobooks, and more.

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From the Town Clerk's Office

The holiday season is approaching. A great gift for your loved ones is their Fishing and Hunting license. 2023 licenses will be available beginning in December.

If you would like to submit your application for the Permanent Absentee Ballot list, please send your completed application along with a doctor's certificate (presumably on letter head), stating that you are unable to appear in person at your polling place.

The Town Clerk's office is open Monday – Wednesday 9am to 4pm, Thursdays 9am to 7pm, and Fridays 9am to noon. Please call us with any questions at 860-669-9101.

Happy Holidays and Happy New Year!

Sharon Uricchio, MCTC
Clinton Town Clerk



Clinton Insurance Center



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Library... continued from page 5

All Ages

More programs added regularly! Visit www.hchlibrary.org or call (860)669-2342 to learn more and sign up.

Special Programs:

Trivia Tuesdays

Monthly on the 2nd Tuesday

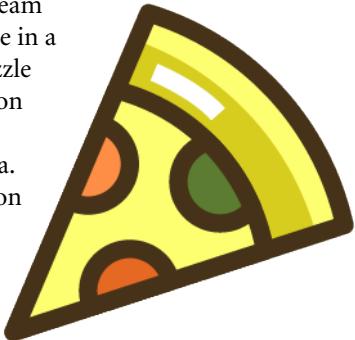
Fun and friendly all-ages trivia!

Refreshments served. No registration.

Pizza & Puzzles

Mon. 11/21 @ 6:00 pm

Gather a team to compete in a jigsaw puzzle competition and enjoy some pizza. Registration required.



For Children

More programs added regularly! Visit www.hchlibrary.org or call (860)669-2342 to learn more and sign up.

Weekly Programs:

Crafternoons in the Hub

Mondays @ 3:00 pm - 5:00 pm

Drop-in for open-ended creative exploration in The Hidek Hub. Grades K - 8. No registration.

LEGO Club

Mondays @ 4:00 pm

Try our weekly challenges or build your own creation. No registration.

Baby & Me - AM Session

Tuesdays @ 10:00 am

Sign up to come sing, bounce, read, and play! Birth - 24 Months. Registration required.

Baby & Me - PM Session

Tuesdays @ 4:00 pm

Come sing, bounce, read, and play! Birth - 24 Months. Registration required.

Sign Language

Thursdays @ 9:30 am

Learn ASL signs through songs and stories. Birth - Age 6. Registration required.

ABC Amigos

Thursdays @ 10:15 am

Fun and active bilingual Spanish-English class. Birth - Age 6. Registration required.

Movers & Shakers

Thursdays @ 4:00 pm

Music and movement class. 18 months - Age 7.

Registration required.



Stories & More

Fridays @ 10:00 am

Stories, music, & movement with Miss Coralie. Ages 2 - 6. Registration required.

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**Hours: Mon-Fri: 8:30 a.m. - 6 p.m.
Saturday: 9 a.m. - 3 p.m.
Sunday: CLOSED**

Stay & Play

Fridays, 10:30 am - 11:30 am

Open-ended free-play with sensory games & crafts. No registration.

Saturday Crafts

Saturdays, 10:00 am - 4:00 pm

Stop by on Saturdays for a special craft activity designed by Miss Jan.

Special Programs:

Tween Dungeons & Dragons

11/14 & 12/12, @ 3:15 pm

Try the world's greatest tabletop roleplaying game. Grades 5 - 8. Registration required.

S.T.E.A.M. Lab: Grades 1 - 4

11/16 & 12/14, 3:15 pm - 4:15 pm

Explore science, tech, engineering, art, and math activities at The Hub. Grades 1 - 4.

S.T.E.A.M. Lab: Grades 5 - 8

11/16 & 12/14, 4:45 pm - 5:45 pm

Explore science, tech, engineering, art, and math activities at The Hub. Grades 5 - 8.

Tween Time: Half-Day Hooray!

11/17, 12/8 @ 12:15 pm - 2:30 pm

Join us on Clinton school half-days for pizza, fun, crafts, & games. Grades 5 - 8. Registration required.

LEGO WeDo & S.T.E.M. Club

11/30 @ 4:00 pm

Hands-on LEGO robot building. Sponsored by the Clinton Rotary Club. Grades 1 - 6. Registration required.

Splash Into Art: Cardinals in Birch Tree

12/7 @ 4:15 pm

Learn how to create an image with mixed-media basic shapes. Grades 2 - 6. Registration required.

For Teens

More programs added regularly! Visit www.hchlibrary.org or call (860)669-2342 to learn more and sign up.

Special Programs:

The Craft & The Furious

Monthly on the 3rd Tuesday @ 4:00 pm

Join us in The Hub for some DIY projects, snacks, and more. No registration.

Teen Writer's Guild

Monthly on the 3rd Thursday, 3:00 pm

Explore creative writing with peers - All genres welcome. No registration.

Teen Advisory Board

Monthly on the last Monday, 3:30 pm

Make programming decisions, suggest materials, and help the Clinton Community. No registration.

Anime Afternoon

Monthly on the 2nd Thursday, 3:00 pm

Come chill out in the Teen Room and watch some anime & have some snacks. No registration.

Teen Book Club Brunch

Monthly on the 2nd Saturday @ 1:00 pm

Come join us in the teen room for brunch and a book chat! No registration.

For Adults

More programs added regularly! Visit www.hchlibrary.org or call (860)669-2342 to learn more and sign up.

Weekly Programs:

Virtual Meditation

Mondays @ 11:00 am

Start your week with a live, virtual, guided meditation class. Registration required.

Afternoon Mahjong Meetups

Mondays @ 2:00 pm

Play a few friendly rounds of this classic and popular tile-based game. No registration.

Scrabble Club

Tuesdays @ 2:00 pm

Friendly, casual Scrabble playing with fellow word enthusiasts. No registration.

Virtual Chair Yoga

Wednesdays @ 9:00 am

A live, virtual, class for guided exercises that you can do from a seated position. Registration required.

Clinton Senior Connection: What's Your Story? Writer's Club

Wednesdays @ 11:00 am

Your story is waiting to be heard. Share ideas, create, laugh, talk, and write! No registration.



Evening Mahjong Meetups

Wednesdays @ 6:00 pm

Play a few friendly rounds of this classic and popular tile-based game. No registration.

Device Advice

Thursdays, 10:00 am - 7:00 pm

Stop by for a 30-minute basic tech help session with our Reference Staff. No registration.

Stay & Stitch

Fridays, 9:00 am - 12:00 pm

Drop-in and work on your project. BYO supplies and chat with fellow crafters. No registration.

Virtual Yoga

Fridays @ 9:45 am

A live, virtual, class for gentle guided exercises. Registration required.

Special Programs:

Movie Matinee

12/8, 12/29, 1/12, 1/26, 2/9, & 2/23 @ 2:30 pm

Call or check website for details. New - Enjoy snacks and comfortable seating! No registration.

Creative Writing Group

2nd Monday @ 6:00 pm

Share what you've been writing and get feedback. Hybrid program. Registration recommended.

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The Arbor Garden Club of Clinton's Festival of Trees and Wreaths

December 4, 2022 – 1:00-5:30 pm

As many will tell you, there is nothing more festive than Clinton at Christmastime. The center of town draws record crowds the first weekend of December each year for Christmas in Clinton and the Arbor Garden Club of Clinton's primary annual fundraiser, the Festival of Trees and Wreaths.

Founded in 1960, the club has enjoyed the honor of dressing Clinton's historic Town Hall and memorial planters with holiday greens each year. Once inside the stately rotunda, December visitors are welcomed by a staff-decorated tree that is surrounded by uniquely designed wreaths and faux table-top trees made by garden club members. Local businesses sponsor each creation for silent auction, the proceeds of which support the club's annual efforts; such as, town beautification, tree and seed donations, educational programs that are

offered free to the shoreline community, student scholarships, and other local charitable causes. The club also offers for sale hand-made crafts and decorated centerpieces made of fresh boxwood greens.

This festive day also includes a visit from Santa Claus, holiday music, and a sweet treat for each child. Please join us on Sunday, December 4, 2022 from 1:00-5:30 pm at 50 East Main Street, Clinton, CT. During your holiday stroll on East Main Street, be sure to carve out time to visit the Clinton Historical Society, affectionately known as "Old Brick," which the club helps to adorn in period holiday decor, as well as the Indian River Landing Gazebo behind Town Hall and the Vece Gazebo, both of which are lovingly decorated for the season by the Arbor Garden Club of Clinton.

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George Flynn Classical Concerts

"Sometimes a problem is just the right provocation to evolve into something wonderful."

Take George Flynn, a Clinton man whose favorite pastime was listening to classical music. He grew up in a musical family, playing the violin and later listening to classical music on the radio. Having traveled into New York City to listen to a beloved performer in concert, he wished someone would bring the music to Clinton. That idea came into being 25 years ago when he died and bequeathed two million dollars to create what became the George Flynn Classical Concerts.

The resulting free concerts, five to eight each season, have been lush and varied. Past artists include: Joshua Bell, Jake Shimabukuro, David Finckel & Wu Han, Michael Feinstein, Barbara Cook, The Hot Sardines, John Pizzarelli, Tokyo String Quartet, Los Angeles Guitar Quartet, and the Wallingford Symphony Orchestra—just to give you a sample of quality and range. Anyone curious about past or upcoming concerts may sample the artists' work through links in the concert series website www.georgeflynnclassicalconcerts.com where tickets can be ordered.

Music touches everyone, and the fact that this free concert series is still going strong is a testament to George Flynn's vision and the ability of the board of trustees to keep that vision alive.

The Volunteer Board of Trustees is grateful to a stalwart band of volunteer ushers who have helped Flynn concert-goers since the beginning. Those who attend have been grateful to be saved a tedious trip, and mindful of the cost of engaging first class musicians from around the world. The Morgan School and Andrews Memorial Town Hall have generously allowed this non-profit concert series to use their auditoriums.

George Flynn Classical Concerts have enriched shoreline folks for 25 years. And judging by the joy and gratitude at the conclusion of each concert, indications are it will continue to flourish.



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Getting Help from Clinton Human Services

Are you struggling to keep up with rising food, fuel and utility costs? Worried about staying current with your rent, mortgage, or other bills? Are you behind in your rent or mortgage? Here is a brief overview of just a few of the many programs and grants available to assist residents. Residents are welcome to contact Clinton Human Services at (860) 669-7347 to inquire about these and other programs the department can assist residents with. Office hours are Monday through Wednesday 9 am to 4 pm, Thursday 9 am to 7 pm, and Friday 9 am to noon.

American Rescue Plan Act (ARPA) Funds

Assistance for Clinton Residents Impacted by COVID-19 Public Health Crisis

GRANT PERIOD: In general, applicants may apply for funds to assist with one-time rent, mortgage, past-due utility costs or delinquent property taxes as a result of the household being impacted by the COVID-19 public health crisis incurred during the period beginning April 1, 2020 and ending June 30, 2022.

To be considered, please contact Clinton Human Services for an application. There is no guarantee of full or partial funding for any application. Funding will be available until exhausted. Applicants should understand that this grant application is for a



one-time grant process as a result of the Town's access to ARPA funding. The Town is not obligated to provide any funding commitments beyond this support cycle. Applications will be accepted on a rolling basis until available funds are exhausted. Payments will not be disbursed directly to applicant but will be sent directly to mortgage company, landlord, or utility company depending on assistance request.

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A Cause for Celebration

25 Years of Helping Good People Do Great Things!



We salute our founders and early donors, the visionaries who pooled resources to provide immediate and future support to local nonprofit programs.

We value all of you who establish funds supporting animal welfare, arts and culture, health and social services, the environment, history, education, economic security, civic improvements, recreation, and so much more.

We honor every donor, volunteer, nonprofit, friend, and neighbor. You help us respond to rising and changing community needs... building a better today and brighter tomorrow for all.

Join the celebration and help our local communities thrive. Call us at (860)347-0025 or visit us at MiddlesexCountyCF.org.

COMMUNITY FOUNDATION
of Middlesex County

Energy Assistance Program

Income eligible residents can apply for the 2022-2023 Energy Assistance Program with help from the area's Community Action Agency, Community Renewal Team. Clinton Human Services can assist with the intake process and will submit your application and required documentation for approval. This program assists with heating costs, which includes deliverable fuels such as oil, propane, and kerosene, as well as non-deliverable heat sources (Eversource and Southern CT Gas.)

Eligibility is based on household size, income, and assets. The utility must be billed in the name of an adult member of the household.

To apply, call Clinton Human Services to make an appointment. You may also apply directly with Community Renewal Team by calling 860 560-5800. For additional information, go to communityrenewalteam.org.

PLEASE TAKE NOTE OF THE FOLLOWING PROGRAM DATES:

November 1, 2022: Deliverable fuel portion of the program begins.

March 15, 2023: Deadline for deliverable fuel authorizations.

May 31, 2023: Last day to apply for energy assistance.

June 16, 2023: Last day for submission of deliverable fuel bills.

2022-23 Energy Assistance income guidelines are as follows:

Family size	Income Guideline
1	\$39,761
2	\$51,996
3	\$64,230
4	\$76,465

Operation Fuel

This non-profit organization provides year-round emergency energy assistance for low to moderate income households.

Assistance for CT Water bills is also offered. For additional information, go to operationfuel.org.

Eversource Programs

If you are struggling to pay your electric bill, call Eversource at 1-800-286-2828. Eversource offers programs such as Matching Payment Program (for electric/gas heat customers) and New Start for electric customers. Protection from shutoff for hardship customers is also available, as well as medical protection for households with a resident with a life-threatening or serious medical condition.

Eversource also offers Home Energy Solutions, a program for income-eligible households to have an in-home energy efficiency evaluation and service free of charge. Please call 1-877-WISE USE.

One-time Water-Assistance Grants Available

Community Renewal Team may also be able to assist with your household water expenses. Applications are accepted as part of the Energy Assistance program from September 1, 2022 to May 31, 2023. For more information, please call 860-560-5800.

CT Water Customer Assistance Programs

This program offers income-eligible customers a 15% reduction on their water bill, excluding Linebacker service. Contact Clinton Social Services at (860)669-7347 for more information.

Water Payment Plans

Available for any CT Water customer, regardless of income. Contact customer service at CT Water.

H2O- Help 2 Our Customers Assistance Program.

This program provides financial assistance for income-eligible CT Water customers with matching payments on deferred payment arrangements. One-time Hardship Assistance Credits may be available with forgiveness of balances due for customers experiencing unexpected hardship or a life-changing event.

Both assistance options require new bills be kept current.

For information on these or any other programs, including renter's rebate, holiday assistance, food assistance, campership grants, Warm the Children, SNAP, etc., please contact Clinton Human Services at (860) 669-7347.



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Library... *Continued from page 7*

Clinton Senior Connection: Morning Music Meetup
3rd Tuesday @ 10:00 pm

For music lovers, music makers, and everybody in between! No registration.

TED Talks
3rd Wednesday @ 10:30 pm

View and discuss a selection of engaging, themed talks. Hybrid program. Registration recommended.

Book Chat
3rd Thursday @ 1:00 pm

Share what you've been reading! Monthly theme. Hybrid program. Registration recommended.

The Atlantic Magazine Discussion Group

4th Wednesday @ 10:30 am
Discuss the latest issue. Copies available. Hybrid program. Registration recommended.

Clinton Senior Connection: Afternoon Music Meetup
1st Thursday @ 2:00 pm

For music lovers, music makers, and everybody in between! No registration.

Afternoon Fiction Book Club
2nd Thursday @ 1:00 pm

Discuss a different fiction book selection each month. Registration recommended.

"Get Real" Nonfiction Book Group
2nd Tuesday @ 1:00 pm

Discuss a different nonfiction book selection each month. Hybrid program. Registration recommended.

Did you know? Library programs are funded by generous donations from our community. Find ways to support library programs and say "I Love My Library" at: hchlibrary.org/Donations/NewDonation

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What is a Variance and When Do I Need One?

Kathy King, Zoning and Wetlands Enforcement Officer

When a property owner comes into the Land Use Office to ask about whether or not they can build anything on their property, they need a zoning permit. One thing I look for in my zoning review is whether the project will meet the Lot Requirements per Zoning Regulations 26.11, for residential properties, and 26.12, for non-residential properties.

Lot requirements include many things such as property setbacks, the distance from the property line to the structure, and the percentage of impervious ground coverage. If someone's proposed project does not meet the land use requirements, they will likely need a variance.

Many properties in town were built prior to 1965, when zoning regulations were established in Clinton. If a property does not meet the lot requirements because their home was built before 1965, that structure is grandfathered. It is considered pre-existing, because it was built before zoning, and non-conforming because it does not meet today's zoning requirements. Those structures are allowed to remain, but if someone wants to add an addition or make exterior changes, they may need a variance.

Variance applications go before the Zoning Board of Appeals. All variance applications require public hearings, meaning the public is allowed to speak in favor of an application, in opposition to an application, or just to ask general questions. If the variance

is granted, the decision has to be published in the newspaper. There is a 15-day appeal period after that decision is published, and then the property owner can file the variance in the Town Clerk's Office. The variance is not valid until it is officially filed on the Land Records. The variance stays with the land, not the land owner.

Depending on where the property is located, in a flood zone, in the inland wetlands, or within 100 foot of a coastal resource, more permits may be required.

As always, please contact the Land Use Office at 860-669-6133 with any questions. We're here to help.



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Clinton Historic District Commission

Clinton Historic District Commission's Certificate of Recognition for Historic Property Restoration Program, recognizes the restoration of antique properties that have been in a state of deterioration or inappropriate modernization and whose exterior is then restored with materials appropriate for the period when the structure was originally built. Those recognized, have public recognition in the press and a framed photo of their restored property hung in Andrews Memorial Town Hall.

HDC will also bestow Honorable Mentions for property restorations that use modern exterior materials, such as vinyl siding. In these case, there will be recognition in the press, but no photo hung on a wall at Andrews. We are hoping that such public recognition might encourage more people to repair and restore their antique properties.

HDC's first honorable mention goes Jay Kurup and his RESYNC Properties Solutions, LLC, for their restoration of the house at 151 East Main Street, which is a contributing National Register structure in the Clinton Village Historic District.



Photograph by Historic District Commission Member Rich Geer.

The Clinton Parks & Recreation Department



Our program offerings and participation were up substantially this year. Our two new food programs (Cookie Decorating and Mary's Culinary) were both big hits. "The Holiday Light Trail" last December made for a fun event. We look forward to offering more new programs in the future!

THANK YOU

We would like to thank all the volunteers that helped make Family Night such a big success! This project couldn't have been as successful without your involvement. Thank you so much for volunteering and taking time out of your busy lives to help out!

TOWN BEACH

The town beach was busy this year! Along with our standard beach season, we hosted an egg hunt in April, our first annual "Go Fly a Kite" event in May and moved our Family

Night back to the beach on August 5th. All events enjoyed a great turn out and were an enormous success!

BASKETBALL

Registration for our Park & Rec and Travel Basketball programs are now open at <https://parkrecclintonct.recdesk.com>. Programs for Grades 1 through 8 are available. Games for 3rd – 8th grade will start in early December. Grades 1 & 2 will start in early January. We are always in need of volunteer coaches. Anyone interested in coaching, please contact the Parks & Recreation office at 860-669-6901.

Please check our Facebook page (Clinton CT Parks & Recreation) or go to our website at <https://parkrecclintonct.recdesk.com/> to keep up to date on our programs as things change on a daily basis.

We hope you all have a safe and happy holiday season! See you next year!

Chamber of Commerce

42nd Chamber Annual Awards Dinner

The Chamber of Commerce held its 42nd Annual Awards Dinner on Tuesday October 18th. The 2022 Awards Winners were:

- Grove Garden, Gary Bousquet, Rob Jacobson & Kathy Woods were awarded the Ellen Cavanagh Best Foot Forward Award which recognizes a business that has gone above and beyond to improve its business appearance/surroundings to enhance the Town of Clinton.
- Steward's ACE Hardware, Todd & Kim Steward and Cherie Sears-Thompson were awarded the Community Champion Award which acknowledges a local business or person that focuses on local community involvement, volunteering and truly making a positive impact on the community throughout their company.
- Adam Riso was awarded Volunteer of the Year Award which recognizes a business, organization, or individual that has devoted significant time and efforts to community service initiatives and Chamber sponsored functions that positively impact the Town of Clinton.
- Clinton Sport Shop, Sarah Hollinger was awarded the Heritage Award which is presented to a business or individual that has shown stability and has been a consistent economic contributor to the Clinton community (for more than 15 years).

- Greylock Property Group (Indian River Shops) was awarded the Economic Impact Award. It is presented to a business, organization, or individual has made a significant contribution to the economic vitality of the Clinton area. The recipient has enhanced the community through job growth, expanding the tax base, building or renovating a structure, or by participating in other endeavors that benefit the community and its residents.

Christmas in Clinton

Preparations are underway for the Christmas in Clinton celebration on Sunday, December 4th, from 1:00-6:00 pm. There will be sights and activities from Post Office Square to Liberty Green. There will be many activities, tables, hot chocolate and a variety of food along the way. There will also be the annual Craft and Bake Sale in the Green Room at Town Hall. Of course, there will also be the arrival of Santa and the lighting of the Christmas Tree!

Keep an eye out for updates on the Chamber's website: www.clintonct.com.

2022 Summerfest & Fireworks

The Board of Directors of the Clinton Chamber of Commerce would like to thank all those responsible for our successful 2022 Summerfest & Fireworks. There are many people to thank, but we could not do this without the support of our sponsors and donors, our volunteers, our Town of Clinton Police, Fire and DPW crews and most of all, Andrew Randi and American Fireworks!



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Clinton Senior Connection

By Christina Acampora, Senior Coordinator

The successful launch of Clinton Senior Connection has come and gone now and before I go into what's to come, I want to share some important lessons that I've learned so far through my part-time position with the program. Starting with: Age really is just a number. Cliché, I know, but younger folks may really have NO idea how active, vibrant, dynamic, and full of life someone



Christine Acampora and Josephine Gleba during one of their traveling "Walk for Health" outings — every Wednesday for whoever wants to join.



well into their 90s can be until you've walked a mile, or on some "Walking Wednesdays" upwards of two, alongside them. Or listened to stories filled with the richness of their lives—families, accomplishments, and plans for the present. Not to mention, just laughed about universal subjects like the ups and downs of parenting, travel, work, and technology. The seniors I've met through Clinton Senior Connection have no plans of slowing down anytime soon. So, I offer others this simple message: give yourself the gift of making space for and welcoming them into your life.

Since assuming my role as program coordinator, I noticed immediately that a large part of the older adult population feels undervalued or unnoticed. Which begs another cliché: Youth is wasted on the young. (Sorry, kids, but it's true!) Many of the residents who come to my events express an overwhelming amount of gratitude for programming. They bring so much to conversations, leaving me humbled with the realization that I'm the one receiving something greater in return. Listening to stories about the years they spent making the mortgage, performing military service, volunteering for school events and PTA, and/or working in hospitals, factories, corporations, or in the home, has affected me deeply.

Beyond having a good time through the Clinton Senior Connection, I hope the members have felt enriched, empowered and appreciated these past few months. To this end, there are many more fun upcoming activities for your calendars. Music jam sessions, cooking club, cards in the café, creative writing, and crafting will continue on a weekly, biweekly, or monthly schedule depending on the activity, throughout the year. Additionally, special events and outings, health & wellness workshops, and holiday-themed fun will be sprinkled throughout the winter.

Eager to learn more? Subscribing to my newsletter is the best way to stay on top of what's to come. Email me at: cacampora@clintonct.org to sign up or text SENIORCONNECTION (all one word) to 22828. You can also check out the Clinton town website's senior page's calendar of events.

I'm looking forward to seeing more new faces and keeping warm by sharing laughs and making memories in these upcoming winter months. Until then, stay healthy and keep connecting!



Shellfishing Open in Clinton Year Round



The CT Dept of Agriculture's Bureau of Aquaculture recently approved Area **B** (Outer Clinton Harbor area) to remain **OPEN** to shellfishing Year-Round! Also, Area **A** (Inner Clinton Harbor area) is now open through the end of May (Dec-May). These are long awaited and much celebrated announcements. Now, shellfishing in Area **A** is open six months and Area **B** is open all year. Shellfishing is always subject to temporary closures due

to heavy rain and other events. **ALWAYS** check clintonshellfish.org or call 860-664-6444 for open/closed status before you go shellfishing.

Now you can catch and serve locally sourced shellfish as part of your Thanksgiving meal. Here is a Clinton Shellfish Commission favorite:

CLINTON HARBOR STUFFED CLAMS

Ingredients

2 tablespoons olive oil
1 small onion, coarsely chopped
1 red pepper chopped
5 garlic cloves, crushed
Juice of 1 lemon
2 dozen Clinton Harbor Quahogs, scrubbed
Herbed breadcrumb stuffing
Fresh parsley, chopped

Directions

Step 1 — Heat olive oil in a pot over medium-high heat. Cook onion and pepper until softened but not browned, stirring occasionally, about 5 minutes. Add garlic and saute, stirring, just until fragrant, about 1 minute.

Step 2 — Cover and steam until clams have opened, 5 to 7 minutes. Remove from heat. Use a slotted spoon to transfer clams to a rimmed baking sheet to cool, discarding any that do not open. Strain clam broth through a fine sieve, and reserve broth for making stuffing.

Step 3 — When clams are cool enough to handle, remove all meat, and reserve. Save the largest shells and arrange the halves on a rimmed baking sheet. Chop clam meat in a food processor until desired consistency. Combine chopped clams, stuffing (moistened with reserved clam broth and lemon juice), onions, peppers, garlic, parsley, and black pepper to taste

Step 4 — Preheat the oven to 350 degrees F. Dividing evenly, press clam stuffing mix into clam shells, smoothing with the back of a spoon. Dust top of each stuffie with paprika. Bake until the tops are golden, 25 to 30 minutes. Serve with garnish of lemon wedges and favorite dry white wine. Enjoy!



Clinton Lions Club and Clinton Education Foundation Annual Golf Tournament

Over the years, the Lions Club and the Clinton Education Foundation have supported the community by providing scholarships and grants for students and teachers, funding for the DARE program, and support for Families Helping Families events. Much of the resources for this support has come from our annual golf tournament, the Family Golf Classic, held this June 27 at the Clinton Country Club. Despite the late afternoon rain, the tournament was a great success.

We are grateful to the golfers who braved the weather and to all of the local businesses that contributed to the tournament through sponsorships and donations for our raffle and silent auction. We want to make sure that the golfers and these businesses know how much we appreciate their loyal support.

With heartfelt gratitude,
Clinton Lions Club and Clinton Education Foundation

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How do you say thank you to a community who has put their trust and support in an organization for the past sixteen years? At Families Helping Families we wish we could see everyone in person and give them our heartfelt thanks. Since we can't do that we pay

ourselves, we can only respond because of the hundreds and hundreds of people who continue to support our programs through their generous donations. You help us make sure that no Clinton family has to suffer with a cold home during the winter months.



FAMILIES HELPING FAMILIES



back that trust by each and every day making sure we live up to what our tagline says: "Serving Clinton families with passion and compassion." Our goal is to help no matter what the circumstance might be.

Our four community outreach programs strive to cover the multiple needs that might arise in the life of a family. We cannot respond to those needs by

We are stewards of your donations and we take the role very seriously. By developing various sources we have been able to purchase both fresh produce and non-perishable food items at considerably lower prices than one sees at local supermarkets. In fact, since the Covid-19 crisis started we have delivered over 200,00 pounds of those much needed items. Your donations allow us

to continue to provide two deliveries of those much needed items each week to The Clinton Food Pantry.

We provide for Clinton children through our Clinton Kids Initiative Program: from summer camp scholarships, back to school new clothes and shoes, weekend backpack food program, and many gift cards for "Tweens" at Christmas time. Our Families To Families Program provides immediate help for Clinton families who find themselves facing some very difficult and unforeseen circumstances.

Clinton is a very special community and priority one is to help our town families whenever and however we can. Your donations do just that. We view our role as stewards of the resources you share with us. We take that role various seriously. For more information about FHF or donate you can visit our website fhfclinton.org.



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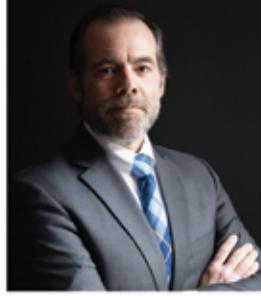
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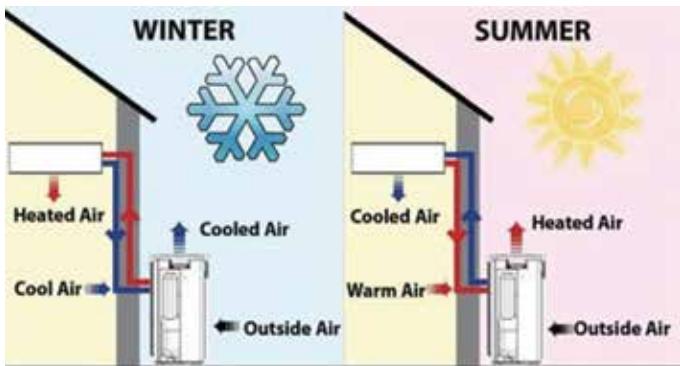
Heat Pumps 101 and Why We're All Installing Mini-Splits

Maybe it was at your neighbor, Joe's. Or your cousin, Kelly's condo. Possibly the pizza shop you frequent on a Friday night. Wherever the location, you've probably come across those rectangular units hanging on a wall and, hopefully, providing you a nice blast of cold air on one of those steamy hot days we all experienced this summer. Those units, commonly known as mini-splits, are an example of the most energy-efficient heating and cooling equipment available: heat pumps.

Over the past ten years, tens of thousands of Connecticut homes and businesses have installed heat pumps because they provide highly efficient heating, cooling, and dehumidification in a single unit.

WHAT'S A HEAT PUMP?

A heat pump is a high efficiency system that provides both heating and cooling by moving heat from the exterior inside, or vice versa. Heat pumps consist of an outdoor unit connected to one or more indoor units by piping, which carries heat between the two. A heat pump can replace both the heating system (your boiler or furnace) AND the cooling system (central air or window units) in a home or building.



HOW DOES A HEAT PUMP WORK?

There are two main types of heat pumps available: air source heat pumps and ground source (or geothermal) heat pumps. Both air and ground source heat pumps provide efficient heating by pulling heat

inside your home or business from either the outside air or ground. In the summer, these systems operate in reverse, using the same kind of system as your refrigerator or window AC to keep you cool. Heat pumps can be installed to utilize your existing ductwork or you can choose to install ductless units, commonly known as mini-splits.

WHY IS EVERYONE TALKING ABOUT HEAT PUMPS?

Heat pumps are the most energy-efficient heating and cooling system available in New England. Because these systems move – rather than create – heat, they can be up to 400% efficient. This means that for every one unit of energy used to power a heat pump, up to four units of heat energy are supplied. If you're currently heating with oil, propane, or electric resistance baseboards, this kind of energy savings can lead to saving money on your energy bills.

Heat pumps can also help you reduce your home or business' carbon emissions and dependence on fossil fuels. Because a heat pump is an electrical system, it does not directly produce emissions when operating. As New England's electricity generation mix gets cleaner, heat pumps have the potential to produce zero emissions.

While any time is the right time to install a heat pump, many customers upgrade to heat pumps when:

- A furnace, boiler, or central air conditioner is nearing the end of its life and will need to be replaced soon
- A home has been recently purchased or is ready to be sold
- Weatherization upgrades have been completed

I'M READY FOR A HEAT PUMP!

Great! There are some significant rebates and incentives available to offset installation cost through Eversource, your local Energize ConnecticutSM Sponsor.

To get started, we recommend these steps:

1. **Review** the resources available at eversource.com/home-savings
2. **Contact** a contractor participating in the Energize CT Heat Pump Installer Network
3. **Consider** your financing options and secure a loan
4. **Complete** your installation and take advantage of incentives

If you need help at any point, you can schedule a heat pump consultation with a technical specialist. Scan the QR code, at right, to learn more about this solution and the funding available to make it happen.



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continued on page 18

"Save The Sound" Beach Cleanup

On Sunday, Oct 2nd, a team of dedicated volunteers came out to the Town Beach for the annual "International Coastal Cleanup", in conjunction with the Clinton Land Trust. Under cloudy skies, volunteers scouted the beach as well as the surrounding marsh areas in search of styrofoam, plastic, fishing line, cans, bottles and balloons. Board members from the CLCT traveled out to Cedar Island to clean up that area as well. Between the land and island Cleanup, volunteers collected 133 pounds of trash! We all believe that every little effort counts. We hope that when you are enjoying our beautiful town beach, if you see trash that could harm local birds and other marine life, we would ask that you help pick it up. Thanks to Board Member Kim Flanagan for arranging this wonderful event each year and to all the volunteers that helped.



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